

## Newsletter – February 2024

### Our topics in January

We have had so much fun throughout January learning lots of new things! We have been learning all about Winter and have had so much fun exploring winter-themed tuff trays and helping arctic animals escape from the ice blocks where they were hiding! We have also enjoyed exploring the weather at wintertime, making sure of course that we wrapped up warm with hats and scarves and gloves! We were very lucky one day that it even snowed which was lots and lots of fun!

We have also enjoyed our topic All About Me – Our Bodies. The children have really loved finding out how to keep our bodies healthy and have also had lots of fun finding out about how we can look after our teeth. They have watched real children at the dentist on the learning screens, have practised tooth brushing on our large model, and have been singing songs about looking after our teeth.

### Coming Up - Parents' Evenings!

Following our successful parents' evenings last November, we are delighted to advise you of the dates for this term! Our parents' evenings will now be taking place on Tuesday 27th and Thursday 29th February 2024.

#### Tuesday 27<sup>th</sup> February 2024

Buttercup	In Daisy Room
Bluebell	In Bluebell Room
Daffodil	In Daffodil Room

#### Thursday 29<sup>th</sup> February 2024

Daisy	In Daisy Room
Sunflower	In Sunflower Room
Tulip	In Tulip Room

We will be providing further information by email shortly including how to book a session.

During the parents' evening, we share information about all the exciting things your child has been doing and learning about in nursery, their interests, and the progress they have been making. We look forward to seeing you all soon!



## Newsletter – February 2024

### NHS Vaccinations

It is important that vaccines are given on time for the best protection, but if your child has missed a vaccine, please contact your GP to catch up.

Details of the NHS vaccination programme can be found at:

[www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/](http://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/)

### Children's Dental Health Month

February is children's dental health month and this builds on our topics last month during which we discussed keeping our bodies healthy and looking after our teeth. We can see from some of your observations from home that some of the children have already been visiting the dentist which is great!

It is so important that your child is registered with a dentist as soon as possible and good tooth brushing habits need to start as soon as that first tooth arrives!

We also support your child's oral health by introducing tooth brushing and visits to the dentist during our activities and role play – we have even had a dentist visit the setting to talk to the children previously.

Below is a link where you can explore advice for parents, a video about a first trip to the dentist and a brilliant tooth brushing song with Hey Duggee!

[British Society of Paediatric Dentistry \(BSPD\) > Kidsvids](#)

### National Pizza Day – 9th February 2024

In some of our rooms, we will be talking to the children about how pizza is made, making our own play doh pizzas and exploring with them the many healthy options that can be included. Mandy our chef will also be doing a 'Mandy's Minis' session and making pizza with our older children.

### Chinese New Year – 10th February 2024

This month, the children are already learning all about the festival that celebrates the beginning of Chinese New Year, looking at all the special traditions!



## Newsletter – February 2024

### Shrove Tuesday – 13th February 2024

Do you know why pancakes are eaten on Shrove Tuesday? Traditionally, it was the last chance to use up all the food that could not be eaten before Lent. This included eggs, fat and milk which were made into pancakes and eaten on that day.

Our children and staff team will be enjoying some delicious pancakes on this day too and will have a selection of toppings to put onto them!

### Valentine's Day – 14th February 2024

We will be doing lots of activities including sensory play, Valentine's Day cards and taking the opportunity to talk with the children about the people who love us, such as our family and friends.

### Nursery Photos – 15th February 2024

On 15<sup>th</sup> February, we will see the return of our professional photographer to do some Easter themed photographs of the children – they would make ideal gifts for family.

All details will be provided and, just like school photos, you order the photographs directly through the photographer.

If your child is not due in nursery on this day, you are more than welcome to attend a drop-in session on the day from 11:30am-12:30pm during which we will be operating on a first come first served basis and you must stay with your child at all times until they are photographed.

Everyone loved the Christmas photos so we are sure these will be just as amazing too!

### Family favourites

We have another menu review coming up soon so would love to hear if you have any recipes that have been passed down through your family perhaps from generation to generation or recipes which are favourites of yours and you think would be suitable for nursery – use the link below to tell us by the end of this month. We can then consider them for our next review in March for our menu change in April. We can't wait to see what you all suggest!

[Family Favourites Recipes](#)



## Newsletter – February 2024

### Coming up next month....

#### **7<sup>th</sup> March - World Book Day**

At nursery, we love reading stories, singing songs, and playing language games! We know how important they are for developing children's language, communication, and vocabulary and how much they can develop children's listening and attention skills; important skills for learning and being ready to move through to the next stages of learning and eventually, school.

Our curriculum is carefully sequenced and designed to build a love of reading with our children, and you will see in each of our nursery rooms that we have a 'Book as a Hook' into learning each week which focuses on the new words and vocabulary we want to introduce our children to.

This year, **World Book Day** is on **Thursday 7<sup>th</sup> March**. We would like to encourage the children (and our staff team!) to dress as their favourite book character on that day, or through that week if you would like, and look forward to seeing all your ideas and creativity. Please do not feel that you must rush out and buy a costume, some of the best ones are often the home-made ones and if dressing up is not for your little one, please do not worry there is no pressure from us at all!

Children will also receive a free £1 voucher which can be spent or put towards another book at some leading book shops.

**10<sup>th</sup> March – Ramadan starts**

**10<sup>th</sup> March – Mothers' Day**

**15<sup>th</sup> March – Red Nose Day**

**21<sup>st</sup> March – Downs Syndrome Awareness Day**

**29<sup>th</sup> March – Good Friday**

**31<sup>st</sup> March – Easter Monday**

**March – Nursery Menu Review**

